



# FC MIDTJYLLAND PHYSICAL PERFORMANCE DEPARTMENT IS SEARCHING A PHYSICAL PERFORMANCE / S&C INTERNSHIP STUDENT FOR FEBRUARY 2025 – JUNE 2026

Do you want to be a part of the most innovative club in Scandinavia for the coming 18 months? In FC Midtjylland, we are searching for open-minded, punctual, independent, creative and dedicated persons, who are searching for an opportunity turning theory into practice and who are dedicated about investing in a future career within the football industry.

FC Midtjylland will both consider applicants who are currently enrolled at an educational programme or applicants who recently graduated from a relevant educational programme.

Joining our team as a Physical Performance / S&C Coach Intern, you will play a key role in the staff around the U17 team. You will also be assisting the rest of the Academy (U13-19) if needed but the focus will be on the U17 team and coming U17 team. You will be working closely with the rest of the Academy Health Sector Staff (Performance coaches, Physios, Sports Scientist, Nutritionists).

## TIMELINE

February – June 2025: Assisting the lead U17 Performance Coach + adapting to the culture and environment. July 2025 – June 2026: Stepping into a more leading role.

## KEY SKILLS

- Growth mindset
- Co-operative
- Solution-oriented
- Thorough and enterprising

## TASKS

- Physical Performance coach mainly with U17 team
- Training planning and periodization with the Coaching Staff
- Use Kitman Labs as the primary platform
- Executing training on the pitch and in the gym along with the Health Sector
- Daily and weekly monitoring and testing (muscle testing, wellness, GPS data, power testing)
- Performance testing – pre-season and in-season
- Help executing FCM performance strategy
- Literature review based on questions within the club
- Daily contact and close relation with the players

## LOGISTICS

In the daily life, the internship students will be based at the training ground together with the academy or first team. Besides the daily activities in the club, the intern will attend a local sports school, where the intern will get UEFA C coaching courses and learn about FCM style-of-play, different football specialist areas, Danish football culture etc.

It will be an advantage if the internship student is fluent in English, both orally and in writing, appreciates an informal tone and has knowledge and is curious about the performance part of the football industry.

The internship position is non-paid, but FC Midtjylland will cover board and lodging. All interns are living in the IBF Arena (single rooms) next to FC Midtjyllands training ground. The start date of the internship positions is asap.

Do not hesitate to contact us on [jeq@fcm.dk](mailto:jeq@fcm.dk) if the above-mentioned raised any questions.

Please apply no later than February 2<sup>nd</sup> to Head of Academy Performance, Jeppe Qvist, on [jeq@fcm.dk](mailto:jeq@fcm.dk).